

GARLAND OF APPRECIATIONS

SWAMI JYOTIRMAYANANDA—
THE LIGHT OF LIGHTS

Om Tat Sat, Swamiji, on this auspicious occasion of your 90th birthday. I offer adorations and prostrations at your Holy Feet. I appreciate the irony of offering birthday greetings to the One who is Unborn. Acknowledging your birth is to show my gratitude for you as a blessing to our world.

When I read the article “You are the Architect of Your Destiny” in the *International Yoga Guide*, I knew that you had the answers to my questions, which no one had been able to answer. When I first saw you at the ashram in 1987, I felt I had always known you. I experienced a peace in your presence that words cannot describe. It felt as if I had come home! I wanted to stay at the ashram, but you said I needed to live in the world. We are blessed that you came to Toronto to give lectures and stay with us. Thanks to your blessings and guidance, I continue to facilitate classes in Toronto, based on your teachings.

You are the Light that shows me the way when I face challenges. Your calm presence and teachings, through your books, the *International Yoga Guide* and podcasts/live streaming, provide the guidance I need to calm my mind and make intelligent choices. You have guided me as a compassionate father with unconditional love and total acceptance.

During these challenging times with Covid 19 virus, I am feeling your constant support as you remind us daily, during livestream, of the dangers of the Mortality Virus. You continue to show us, through the Ramayana, Mahabharata, Gita, Yoga Vasistha and other texts, the challenges that each soul has to overcome and the way to overcome them to achieve the goal of life.

For me, you are the embodiment of your teachings. You are Integral Yoga. True to your name, you are the Divine Light that is showing us the way to eternal freedom. On your 90th birthday, revered Swamiji, I offer you my commitment to my *sadhana*, to follow your teachings and to surrender at your Divine Feet. My gratitude for your continued guidance and blessing and my prayers for your health and well-being so that others can be guided as you have guided me.

I look forward to being in Miami to be in your Holy Presence as soon as it is safe to travel.

With *pranams* and gratitude,
Leela Prasaud
Toronto, Canada

HIS WONDERFUL GRACE

Happy Birthday Dear Swamiji,

It is hard to believe that Swamiji has already reached his big 90th birthday, which brings thankfulness for the blessed day he entered our world to grace it with his Presence and wisdom. His wonderful Grace and teachings have touched and lifted countless lives including mine. I can honestly say that much of what I know about Vedanta and its deeper spiritual meaning comes primarily from him. His humility, kindness and unconditional love have touched me to the core. I have observed that everything he says and does demonstrates such selflessness and a complete lack of ego. His bubbly sense of humor seems to overflow from the depths of his being and is very contagious.

I am so grateful for all he has done and is doing for our world, including his precious books and articles. May he continue to grace us with his presence for a long, long time.

Jai Guru! Love and *Pranams*,
Baktawar Mehta
Ontario, Canada

THE PERFECT ANSWER

Happy Birthday SWAMIJI,

I first met Swamiji in 2002 and since then I have experienced tremendous joy in reading the various books. Every time I spoke to Swamiji he has enlightened every darkness that I experience. Who is SWAMI JYOTIRMAYANANDA? He is the light of SWAMI SIVANANDA, who continues to spread the message of LOVE AND MERCY to everybody who comes in contact with HIM.

Every month through the magazine, INTERNATIONAL YOGA GUIDE, Swamiji gives a message—just what everybody needs. I share this magazine with my patients, and everyone has acknowledged that whatever message they have read was the perfect answer to their problem.

Pranams,
Humesh Kapitan
Ontario, Canada